

Hirachand Nemchand College of Commerce, Solapur

Women Empowerment Centre--HIRKANI

Empowering women by building confidence their confidence and making them independent and self-supportive is the need of the hour. The college provides conducive environment for women so HNCC is the most sought after college by girl students. As the college provides safe and secure environment in the campus, near to 50% of the total students of the college are girls.

The Women Empowerment Centre –Hirkani was set with the following goals and objectives:

- To provide boundless opportunities for the growth and development of girl students of the institution.
- To encourage leadership for women empowerment initiatives on and off the campus.
- To address issues related to girl students.

- To conduct programmes for the holistic development of girl students , including lecture series, self-defense training camps, health awareness camps workshops for personality development and development of entrepreneurship skills

Various programs, including guest lectures, self-defense training camps, health checkup camps workshops for personality development, self defence and development of entrepreneurship skills, are conducted for the holistic development of girl students. These programmes also give an opportunity for the girl students to meet successful women in the various areas of the society

The College conducts a number of activities to create awareness among women about Gender sensitisation, Gender Equality, Laws for Protection of women etc. Guest Lectures, Health Check up Camps, Self Defence training Camps, Workshops are organised to empower girl students, boost their confidence, develop entrepreneurship skills, make them self dependent and also keep girl students fit and defend themselves. A large number of Girls students participated in the different Initiatives taken by members of Women Empowerment Centre- *Hirkani*.

Programmes organized by HIRKANI:

Self Defence Training Camp for girls

Year	Date	Participants
2019-20	March1 to March 5,2020	B com, BBA, BCA students
2018-19	Aug 14 to Aug 20,2018	B Com students
2017-18	July26 to July31,2017	B Com students
2016-17	July1 to July7,2016	B Com students
2014-15	Aug14 to Aug 20,2014	B Com, BBA, BCA students
2013-14	Jan 4, to Jan 14,2014	B Com, BBA and BCA students



b) Health Check up Camps (2014-2019)

Year	Programme	Date	No of Participants
2019-20	Health Check up Camp for girls	31 Dec,2019	175
2018-19	Hb testing Camp for boys and girls	29 Sept,2018	178(Girls), 70(Boys)
2017-18	Heath Check up Camp	27 July ,2017	105
2016-17	Hb Check up Camp	4 July,2016	71
2014-15	Hb Check up Camp	Aug 8, 2014	159



C) Workshops

Prog	Guest	Date	Participants
Mural Making	Vaishali Tengale	March 5 to 7, 2020	B com, BBA, BCA students
Personal Grooming	Mrs Aboli Shah		MBA, BBA, BCA students
Cake and Icing	Mrs Bhavesha Shah	Jan 21, 2019	B com, BBA, BCA students
Zhumba		Oct 5 to 7, 2018	B BA students
Personal Grooming	Ms Sonal Panchal	Jan 28, 2019	B Com
Creations-	Mrs Rashmi Shah		B Com
Jewelry Making	Mrs Rashmi Shah		



D) Guest Lectures, Competitions and Guidance Sessions

Sr No	Programmes		Date	Participants
1	Poster Competition	Gender Equality	13/1/2020	Stdents
2	Essay Competition	Gender Sensitisation	14/01/2019	Students
3	Motivational Talk	Dr Mrunalini Fadnavis	March 08,2019	Students and Staff
4	Meditation for Stress Management	Ms Unmani Jange	August,28,2018	Students
5	Yoga camp	Ms Maya Gandhi	10 July to 14,2017	Lady Staff
6	International Yoga day		21 June	Staff and Students







Gender Sensitisation and Empowerment Programmes

Following Programmes were conducted during the year 2018-19 and 2019-20

Sr No	Programm	Organiser/Guest/Events	Title of the prog	Date
1	Guest Lecture	Mr Anand Bhandari	Fitness through Yoga	21/06/2019
2	Guest Lecture	Adv Shailaja Kyatam	Laws for Protection of Women	01/08/2019
3	Guest Lecture	Dr Shailesh Patne	Tips for Health Care	31/12/2019
4	Health Checkup Camp	Hedgewar Blood Bank		31/12/2019
5	Essay Competition	POSH Committee	Gender Sensitisation	13/01/2019
6	Poster Competition	POSH Commiittee	Gender Equality	13/01/2019
7	Self Defence Training	POSH Committee & Hirkani	Training Camp	!-3-2020 to 5-3-2020
	Guest Lecture	Mr Shantveer Mahindrakar	Stress Management & Yoga	21/06/2018
8	Workshop on GST	CA Nandkishor Udgiri, CA Lalit Magdum, CA Sunil Ingale	Women Empowerment through skill development	02/07/2018
9	Self Defence Training Camp	Adv Swati Birajdar	Self Defence Training Camp	14/08/2018 to 20/08/2018
10	Guest Lecture	AdvVaishaliAchalnalli	Laws for protection of women	18/08/2018
11	Guest Lecture Workshop	Ms Umnani Jange	Meditation for stress Management	20/08/2018
12	Blood Checkup	NSS and Hirkani	Complete Blood Check	28/9/18

	camp		up camp	
13	Guest Lecture	Dr Minal Chidgupkar	Women's health & Nutrition	28/9/2018
14	Workshop	Mrs Sonal Panchal	Personal Grooming	04/10/2018
15	Training Prog	NSS	Mission Sahasi	8/10/2019 to 9/10/2019
16	Awareness Prog	Mr Ramchandra Waghmare	AIDS awareness n Precaution	10/01/2018
17	Motivational Speech	Dr Mrunalini Fadnavis and others	Interaction with empowered women	8 March, 2019