

Hirkani- A Woman Empowerment Cell

Hirkani – a woman empowerment cell is established in Hirachand Nemchand College of Commerce in 2016. This cell aims at empowering women by providing opportunities for the growth and development of girl students. Various programs including, guest lectures, self defence training, health check-up camp, skill enhancing workshops and activities aimed at developing entrepreneurial desire are conducted for the overall development of girl students.

Self Defence Training Camp for girls:

5 days self defence training camp was arranged from 1-3-2020 to 5-3-2020, in which in all 200 girls of sections had participated of of B.Com, BBA and BCA sections. The camp was conducted by Adv. Swati Birajdar (Trainer). She taught students several techniques to defend themselves through a scheduled workout. Every year this mega event is organized by Women Empowerment Centre –Hirkani, Department of Physical Education and Sports.



Mural Workshop

2 Days “Mural Workshop” was arranged for girls on 5th & 6th March, 2020 with an objective to tap creativity of students and empower them to start their own enterprise. Total 31 students had participated and created their Mural Art. The workshop was conducted by Mrs. Vaishali Tengale.



Guidance Sessions:

1. Guidance on Tips for Health Care was given by Dr Shailesh Patni on 31st December, 2019.
2. Guidance Session on 'Diet and Nutrition for Physical and Mental Fitness' by Dr. Padmaja Gandhi was held on 05 March, 2020.
3. Interactive session on 'Rights and Laws related to Women' was organized on 9th March, 2020 by Vishakha Committee in which Adv. Shailaja Kyatam guided and discussed with students the laws related to Rights and Protection of Women.



Workshop on Personal Grooming

Workshop on Personal Grooming for confidence building and personality development was conducted on 10 March, 2020 by Mrs. Aboli Shah (Sapphire Trainer, Oriflame). She also guided students on “Opportunities in Network Marketing”. During workshop, live demo of certain products was given.



Creations- The Poster Competition:

Students were given an opportunity to Explore their creativity by picking up their pencil, brush and participating in the poster competition on the topic ‘Gender Equality in India :Past and Present Status’. Students from PG and UG section enthusiastically participated in the competition held on 13th January, 2020.

Expressions--Essay Competition:

Essay Competition on topics related to Gender Sensitisation was organized on 12th January, 2020 (Yuva Din). Students expressed their opinions enthusiastically on the topics -Gender sensitization through education, Glass ceiling –Reality or Myth and Gender Equality in India.

